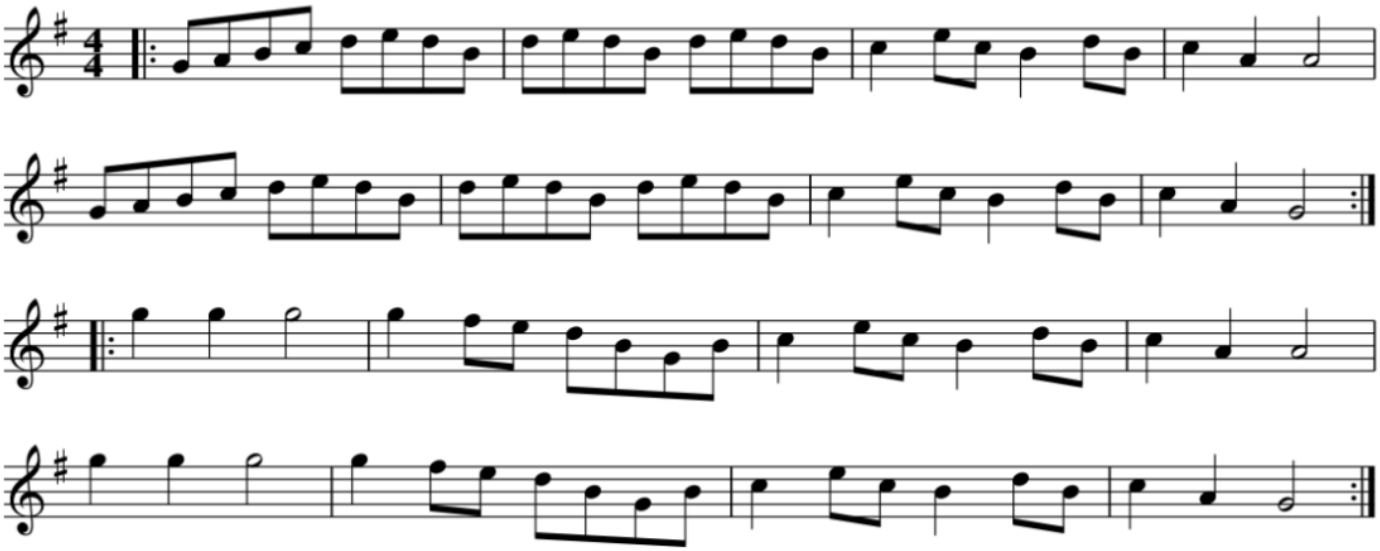Speed the Plough